yooralla

Home and Living



We support independence and choice and can assist you, or someone you support, with a range of accommodation options for people with disability across metropolitan Melbourne and regional Victoria. We understand accommodation in the NDIS and will help you find the right home, with the right level of service and support. Whether you need support around the clock or just for a few hours a day, we can work with you to design a support program that suits your needs.

- **Supported Independent Living (SIL)**
- Specialist Disability Accommodation (SDA)
- Short-Term Accommodation (STA) or respite
- Individualised Living Options (ILO)
- **Overnight Concierge Support (OCS)**
- **Specialist Accommodation Services**
- Hospital to Home Program (H2H)
- **Assistance with Daily Life**





Specialist Accommodation Services

We provide around the clock support for people with progressive neurological conditions, people who are chronically dependent on mechanical ventilation or with complex health supports at our specialist accommodation services.

Our Neurological Support Service (NSS) has a state-wide reputation for our expertise in the management and care for people with progressive neurological conditions such as Huntington's Disease or Multiple Sclerosis, at residential accommodation sites across metropolitan Melbourne.

Our Ventilator Accommodation Support Service (VASS) is located in Thornbury, where we provide accommodation and high-level 24-hour support for people who are chronically dependent on mechanical ventilation or who have complex health supports.

Our staff, including registered nurses, have extensive training and experience in supporting people with complex health supports. This includes ventilator, tracheostomy and oxygen supports, managing behaviours of concern, complex bowel management, urinary catheter care, dysphagia and more.

Supported Independent Living (SIL)

You can be supported with everyday tasks in your home with our Supported Independent Living (SIL) service, so you can live independently while building your skills.

SIL includes daily tasks, such as showering and dressing, preparing meals, cleaning and laundry, taking your medication, learning to catch public transport and getting to and from appointments and social outings and more.

We can provide SIL whether you want to live on your own, or with other people with disability. SIL does not cover day-to-day living costs such as groceries, rent, board, utilities and transport and is best suited to people who have higher support needs. SIL funding is also provided to people who live in Specialist Disability Accommodation (SDA).

Overnight Concierge Support (OCS)

We provide Overnight Concierge Support (OCS) in newly built Specialist Disability Accommodation (SDA) apartments. This NDIS funded support provides after-hours, on-call support to all residents living in the new apartments.

You can receive one-to-one support for support needs that aren't part of your rostered personal supports. This could be for an urgent need, such as help getting up after a fall, or non-urgent assistance, help preparing a snack, picking up a dropped item that is out of reach or getting dressed. This could be planned or unexpected support. We are on-call to help you seven days a week!

Short-Term Accommodation (STA) or respite

You can have a short stay away from home with our Short-Term Accommodation (STA) service, also known as respite.

STA is a NDIS funded support that provides an opportunity for you and your family or carer/s to take a short break from your daily routine.

You may choose to stay for a day, overnight, a weekend or a few weeks. Stays can be for a regularly planned rest, occasional or for an emergency visit.

Staying in one of our STA homes can help you become more independent, to see what it would be like living out of home, meet new friends, enjoy new activities, learn new skills and achieve your goals – all in a supported environment.

Our STA homes are purpose-built, fully accessible and fitted with appropriate assistive technologies. Your daily living needs will be supported by highly trained and qualified staff.

Individualised Living Options (ILO)

Individualised Living Options (ILO) are flexible NDIS supports that let you choose the home you'd like to live in, who you'd like to live with, and set up supports the way that best suits you. You can choose to live with friends or housemates, or on your own - with the support you need.

While ILO doesn't include funding for the home itself (such as rent, board or home modifications), it does provide you with the supports you need to live the life you choose.

Firstly, we will work with you to understand your needs, such as where you want to live, who you want to live with, what support you'll need and who you want to have provide that support.

We will then work with you to find suitable housing and help you transition into your new living environment, regularly checking in with you to make sure you always feel safe and in control. If changes are needed, we can work with you to make this happen.

Specialist Disability Accommodation (SDA)

We have a range of Specialist Disability Accommodation (SDA) options to support people with disability with higher support needs.

SDA is separate funding to SIL, with the NDIS providing funds for people to live in specially designed SDA houses.

Each of our SDA apartments, units or houses have been designed with accessibility features to help you live more independently and provide you with access to the supports you need in your home.

You may live on your own or with other people with disability, with SDA options across metropolitan Melbourne and regional Victoria.



Hospital to Home Program (H2H)

Our Hospital to Home Program (H2H) has been specifically designed to support people with disability who are currently stuck in hospital (even though they have no medical need to be there) to move into a homely environment.

The program provides you with temporary accommodation and support while you wait for your permanent accommodation and support to be arranged. That way you don't need to stay in hospital for any longer than you need to. Our staff will also work with you to understand what supports you need, how you like to be supported and how you'd like to spend your time. We want you to treat it as your home! If you'd like friends and family over, enjoy activities in your local community or want to get involved in household tasks like cooking we can support you to make this happen.

Assistance with Daily Life

We provide tailored Assistance with Daily Life support and skills development to help you learn and complete a range of tasks. Our supports are flexible and tailored to your goals, needs and outcomes.

Whether it's at home, in the community, at school or work, for business, health or leisure, we can provide one-to-one support for a range of tasks, seven days a week. We can support you with things like getting ready for the day, cooking meals, household tasks, health and fitness, learning to use money or public transport, getting to appointments, socialising with friends and more! Tell us about your goals and we can work together to live the life vou choose.

About us

Yooralla is Victoria's most established and recognised for purpose disability service provider. We work in partnership with people with disability and their support network to deliver high-quality supports, so they can live the life they choose.

For more information on our services, please contact us:

yooralla.com.au | 1800 966 725 | yoorallaconnect@yooralla.com.au

We provide a wide range of tailored, flexible and quality services for people with disability of all ages and needs.



Accommodation



Job Skills and **Employment Pathways**



Specialist Children's Supports



Social and Community Participation







Need language help? Contact the Translating and Interpreting Service (TIS) on 13 14 50

Yooralla is a registered NDIS Provider



yooralla.com.au/socials