

yooralla

Therapy



Our Therapy services support adults and children with disability of all ages and life stages. Our flexible and qualified team of experienced therapists can provide you with support across physiotherapy, occupational therapy, speech pathology, psychology, positive behaviour support and nursing.

Service summaries

- Communication and Assistive Technology
- Positive Behaviour Support (PBS)
- Speech Pathology
- Occupational Therapy
- Physiotherapy
- Assistance with Daily Life
- Specialist Children's Support
- Home Modifications
- Diagnostic Support

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find out more



Communication and Assistive Technology

We can support you to enhance your lifestyle and communication ability by providing you with information about communication and assistive technology. Our Assistive Technology services support children and adults with disability, their families and carers to access a range of Assistive Technology services.

Assistive technologies can include speech generating devices and mainstream tablets such as iPads, smart phones, and apps for communication, education and work as well as early powered mobility options such as the Wizzybugs. We can support you, or the person you care for, to use the latest technology to communicate, enjoy life and further empower you to live the life you choose.



Positive Behaviour Support (PBS)

We offer support to children and adults with disability who present with behaviours of concern through Positive Behaviour Support (PBS), focusing on positive and proactive engagement.

We take a human rights focus and build on an evidence-based approach, focusing on increasing a person's quality of life and decreasing the frequency and severity of their behaviours of concern, as well as improving their relationships with family and friends.

We want to increase and strengthen positive behaviour through learning and reinforcement, rather than using punishment or negative consequences to respond to someone.

We work with the person presenting with behaviours of concern and their support network to:

- develop strategies that build on the person's strengths and are based on developing positive relationships, communication and coping skills, and on addressing health, environmental and other impacting factors
- determine the reasons for behaviours of concern and provide targeted strategies on how to support the person to decrease their reliance on that behaviour to have their needs met.

Speech Pathology

Our Speech Pathologists can support you to develop your communication skills, including support with Augmentative and Alternative Communication (AAC)

The team specialise in augmentative and alternative communication (AAC) and can complete funding applications for AAC devices to the Electronic Communication Devices Scheme (ECDS) or to the NDIS. They also provide assessment of eating and swallowing difficulties, to ensure mealtimes are safe and comfortable for people who experience dysphagia.

Our Speech Pathologists are committed to advocating with and for people with disability to improve their inclusion and participation in everyday life. They will work with you and your support network, building a strong, collaborative and respectful working relationships to support you to achieve your goals.

Occupational Therapy

Our Occupational Therapists will work with you to address any barriers to the activities you find meaningful. These activities can include taking care of yourself and others, working, volunteering, and participating in hobbies, interests and social events.

We use an evidence-based practice to get a good understanding of what you want to do, identifying any barriers and finding solutions to increase your independence and ability, and improve your quality of life. We support people of all ages and needs by:

- Enhancing movement and mobility and access to local communities
- Advising on basic modification of living environments and assistive technology (aids and equipment)
- Providing equipment assessment, customisation and modification for seating, pressure care and to support activities at work and home
- Enabling people to engage in everyday activities, and to develop social skills and daily living skills, and
- Assessing sensory processing patterns and advise on how the sensory environment can be modified.

Our Occupational Therapists specialise in working with people with complex needs, particularly in relation to seating and pressure care. We can provide comprehensive assessments and individual interventions to assist people to develop particular skills.

Home Modifications

We can assess your home and work with you to make recommendations for home modifications, including providing support with funding applications or working with public housing authorities.

Physiotherapy

Our experienced Physiotherapists specialise in supporting people with disability of all ages and needs and have skills to support people with complex needs. We can provide comprehensive assessments and individual interventions to assist you and your family to increase independence and achieve your goals.

We know that you learn best in your everyday settings, such as your home, school or work, doing everyday activities that you are interested in and enjoy. Our therapists will work with you in these environments to develop a support plan that meets your individual needs and goals. We can support you with:

- movement and mobility – to increase access and independence, to reduce pain and discomfort or to improve general fitness
- posture and positioning – to increase comfort and functional ability while managing the risk of injury to yourself or others.

Assistance with Daily Life

We provide tailored Assistance with Daily Life support and skills development to help you learn and complete a range of tasks. Our supports are flexible and tailored to your goals, needs and outcomes.

Whether it's at home, in the community, at school or work, for business, health or leisure, our therapists can provide you with one-to-one support for a range of tasks, seven days a week. We can support you with things like getting ready for the day, cooking meals, household tasks, health and fitness, learning to use money or public transport, getting to appointments, socialising with friends and more! Tell us about your goals and we can work together to live the life you choose.

Specialist Children's Support

We provide specialist therapies and supports for children with developmental delay or disability and recognise the importance of early intervention in building a child's capacity through their early years. Our team of therapists can work in partnership with your child and family to understand their needs and deliver quality, tailored services to support them to achieve their goals.

Diagnostic Support

We specialise in the assessment and diagnosis of Autism Spectrum Disorder (ASD) and intellectual disability in children and adults. Our Autism Assessment Clinics are staffed by a multidisciplinary team of Clinical Psychologists and Speech Pathologists. We can support you through the NDIS process, with comprehensive resources and free advice.

We can also provide other assessments, including:

- gross and fine motor
- play
- sensory regulation
- speech and language
- pragmatic and articulation assessments, and
- equipment prescriptions and application.

About us

Yooralla is Victoria's most established and recognised for purpose disability service provider. We work in partnership with people with disability and their support network to deliver high-quality supports, so they can live the life they choose.

For more information on our services, please contact us:

yooralla.com.au | 1800 966 725 | yoorallaconnect@yooralla.com.au

We provide a wide range of tailored, flexible and quality services for people with disability of all ages and needs.



Accommodation



**Job Skills and
Employment Pathways**



**Specialist
Children's Supports**



**Social and Community
Participation**



Support Coordination



Therapy



Need language help?

Contact the Translating and
Interpreting Service (TIS) on 13 14 50

Yooralla is a registered NDIS Provider



yooralla.com.au/socials